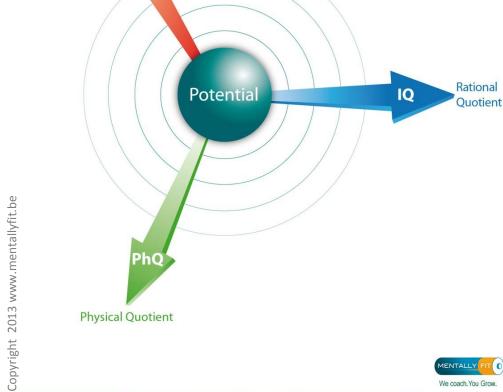
Emotional Quotient

EQ



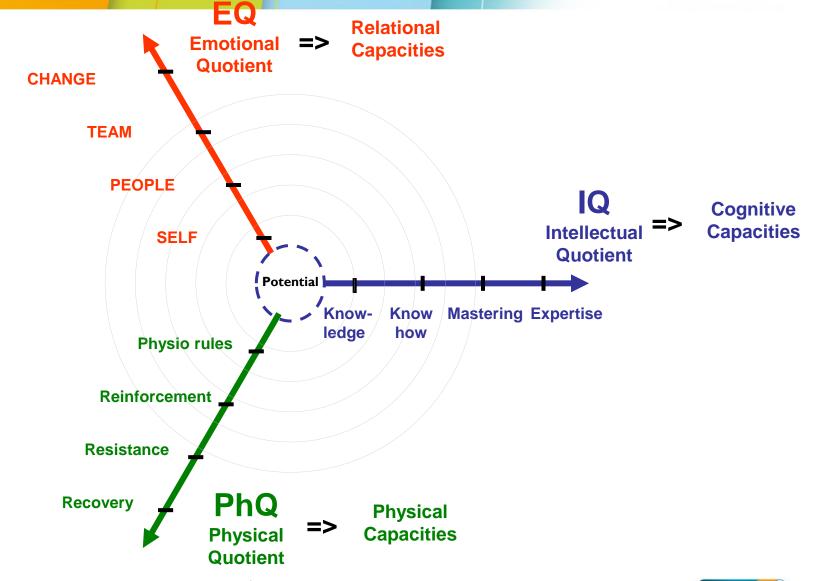
"Coach, How can we win this match"?

Dominique Monami

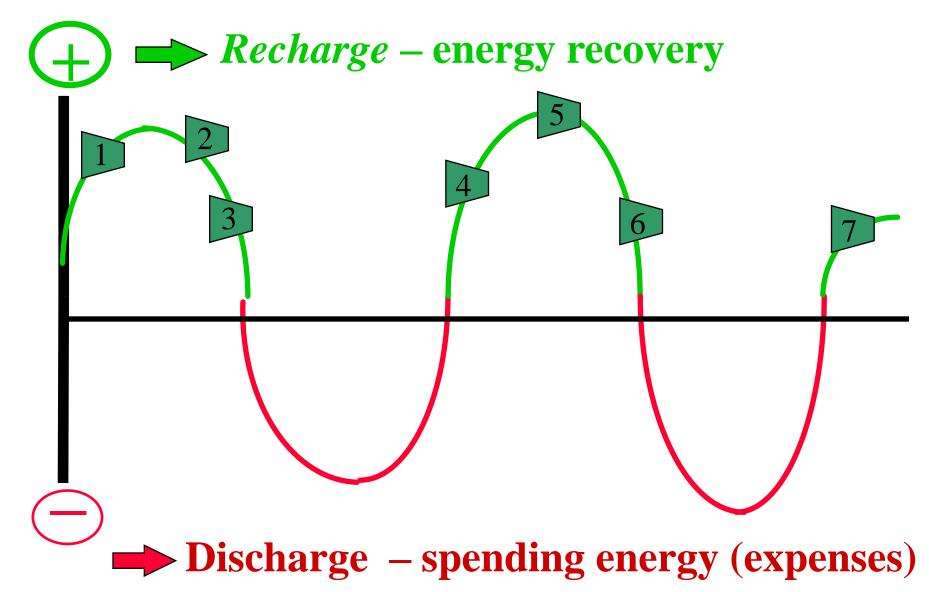


Dominique. Monami@mentally fit.bewww.mentallyfit.be

MENTALCE - EQ - PhQ



Vital Oscillation



6 ingredients of the Dream Team

Specific ingredients

- 4. Rôle
- 5. Motivation
- 6. Talent

Collective ingredients

- 1. Common goal
- 2. Rules
- 3 Mutual Trust



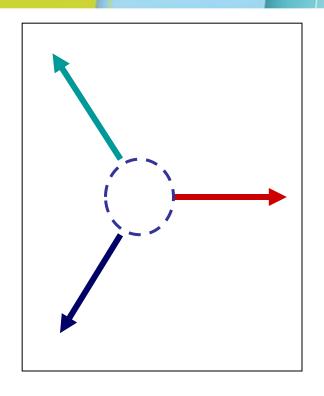
Talent Management

Talent

What I am (to be)
What I like to do
Innate
Not transmissible
Pleasure
Recognition
Development



Same under stress



Competences

What I learn (knowledge)
What I can do (Savoir-faire)
Acquired
Transmissible
Effort
Remuneration
Training

Talent is the <u>stable</u> part in the individual. Everyone has a <u>unique</u> talent, a magic part, a genius